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Mon, 18 Jun 2018 16:40:00 GMT - The ketogenic diet is a high-fat, adequate-protein, low-carbohydrate diet that in medicine is used primarily to treat difficult-to-control (refractory) epilepsy in children.

Ketogenic diet - Wikipedia -

Mon, 18 Jun 2018 22:02:00 GMT - Is a ketogenic diet safe for you? Is a ketogenic diet safe? Before you try this at home First and foremost, if you pick up a copy of Jimmy Moore and Dr. Eric Westman's excellent new book, Keto Clarity (which I highly recommend see my review here) and feel (understandably) inspired to immediately embark on a ketogenic diet, I would ...

Is the Ketogenic Diet Safe for Everyone? - Diagnosis:Diet -

Fri, 22 Jun 2018 00:14:00 GMT - Description. About the Book. Very low-carbohydrate (aka ketogenic) diets such as The Atkins Diet, Protein Power and The South Beach Diet have come and gone repeatedly over the years and there is currently great research and real-world interest in their effects.

The Ketogenic Diet Body Recomposition Store-

Thu, 21 Jun 2018 04:04:00 GMT - The 3-Week Ketogenic Diet is a simple, science-based diet that is 100% guaranteed to melt 7-19 pounds of stubborn body fat.

(3) The 3-Week Ketogenic Diet | Official Website | Lose ... -

Tue, 19 Jun 2018 16:31:00 GMT - I've put together a very low-carbohydrate Ketogenic Mediterranean Diet for loss of excess weight. Why ketogenic? Your body gets its energy from either fats, or carbohydrates like glucose and glycogen.

Ketogenic Mediterranean Diet | Diabetic Mediterranean Diet -

Wed, 20 Jun 2018 16:44:00 GMT - GLUT1 Deficiency Syndrome and the Ketogenic Diet ; What to Do When Your Child Grows Up and Still Needs the Diet? Continuing to Combat the Fear of High Cholesterol

Epilepsy Foundation -

Fri, 22 Jun 2018 07:31:00 GMT - Ketogenic Diet vs. Paleo Diet: How They Differ: They are two of the most popular diets today and not just for their weight loss benefits.Both the ketogenic and Paleo diet help with reducing inflammation, the culprit for chronic diseases.

Ketogenic Diet vs. Paleo Diet: How They Differ -

Wed, 20 Jun 2018 12:05:00 GMT - The ketogenic diet is one treatment option for children with epilepsy whose seizures are not controlled with AEDs. The diet may help to reduce the number or severity of seizures and can often have positive effects on behaviour.

Ketogenic diet for epilepsy | Epilepsy Society -

Tue, 19 Jun 2018 19:30:00 GMT - A ketogenic diet is a very low carbohydrate, moderate protein and high fat based nutrition plan. A ketogenic diet trains the individual's metabolism to run off of fatty acids or ketone bodies.

NAVIGATING THE KETOGENIC DIET - Ketogenic | Dr. Jockers -

- A cyclic ketogenic diet (or carb-cycling) is a low-carbohydrate diet with intermittent periods of high or moderate carbohydrate consumption. This is a form of the general ketogenic diet that is used as a way to maximize fat loss while maintaining the ability to perform high-intensity exercise.

Cyclic ketogenic diet - Wikipedia -

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